

Professional Guide To Wheel Building Free

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The Beginner's Guide to Wheel Throwing - Julia Claire Weber 2021-09-07

“An excellent guide for those aspiring to take up pottery making. [...] While nothing can replace hands-on instruction, this book comes close.”

—Library Journal Starred Review Ready, set, throw! If

you’ve ever wanted to try your hand at the pottery wheel, or if you have ever taken a class and walked away wishing you knew more, you’ve come to the right place. Welcome to the wheel, from artist and instructor Julia Claire Weber. In The Beginner’s Guide to Wheel Throwing, you’ll find all you

need to develop the skills (and patience) you need to make your first forms. You'll start at the beginning of the process with a tour through a typical ceramics studio, a discussion of the best clays for throwing, as well as a variety of centering methods. Then unleash your creativity with the chapters that follow. You'll find: Starter projects like cups, bowls, and plates to hone your skills. Tutorials on important topics like trimming and handles. A unique decal workshop, unlocking the potential of image transfer. Throughout the book, skill-building is front and center, with tips and tricks to help you crack the code and make pieces you're proud of. Gallery work from some of today's top artists are sure to inspire potters of all levels. What will you make first?

Inside Triathlon - 2000

Designing Your Life - Bill Burnett 2016-09-20

#1 NEW YORK TIMES BEST SELLER • At last, a book that shows you how to build—design—a life you can

thrive in, at any age or stage. Designers create worlds and solve problems using design thinking. Look around your office or home—at the tablet or smartphone you may be holding or the chair you are sitting in. Everything in our lives was designed by someone. And every design starts with a problem that a designer or team of designers seeks to solve. In this book, Bill Burnett and Dave Evans show us how design thinking can help us create a life that is both meaningful and fulfilling, regardless of who or where we are, what we do or have done for a living, or how young or old we are. The same design thinking responsible for amazing technology, products, and spaces can be used to design and build your career and your life, a life of fulfillment and joy, constantly creative and productive, one that always holds the possibility of surprise.

The Power of Habit - Charles Duhigg 2012-02-28

NEW YORK TIMES BESTSELLER • This instant

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classic explores how we can change our lives by changing our habits. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The Wall Street Journal • Financial Times In The Power of Habit, award-winning business reporter Charles Duhigg takes us to the thrilling edge of scientific discoveries that explain why habits exist and how they can be changed. Distilling vast amounts of information into engrossing narratives that take us from the boardrooms of Procter & Gamble to the sidelines of the NFL to the front lines of the civil rights movement, Duhigg presents a whole new understanding of human nature and its potential. At its core, The Power of Habit contains an exhilarating argument: The key to exercising regularly, losing weight, being more productive, and achieving success is understanding how habits work. As Duhigg shows, by harnessing this new science, we can transform our businesses, our communities, and our lives. With a new

Afterword by the author
“Sharp, provocative, and useful.”—Jim Collins “Few [books] become essential manuals for business and living. The Power of Habit is an exception. Charles Duhigg not only explains how habits are formed but how to kick bad ones and hang on to the good.”—Financial Times “A flat-out great read.”—David Allen, bestselling author of Getting Things Done: The Art of Stress-Free Productivity “You’ll never look at yourself, your organization, or your world quite the same way.”—Daniel H. Pink, bestselling author of Drive and A Whole New Mind
“Entertaining . . . enjoyable . . . fascinating . . . a serious look at the science of habit formation and change.”—The New York Times Book Review

Targeted Phonics: More Consonants, Blends, and Digraphs: Teachers Guide -
2012-04-15

A Little History of the World
- E. H. Gombrich 2014-10-01
E. H. Gombrich's Little History

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of the World, though written in 1935, has become one of the treasures of historical writing since its first publication in English in 2005. The Yale edition alone has now sold over half a million copies, and the book is available worldwide in almost thirty languages.

Gombrich was of course the best-known art historian of his time, and his text suggests illustrations on every page. This illustrated edition of the Little History brings together the pellucid humanity of his narrative with the images that may well have been in his mind's eye as he wrote the book. The two hundred illustrations—most of them in full color—are not simple embellishments, though they are beautiful. They emerge from the text, enrich the author's intention, and deepen the pleasure of reading this remarkable work. For this edition the text is reset in a spacious format, flowing around illustrations that range from paintings to line drawings, emblems, motifs, and symbols. The book incorporates

freshly drawn maps, a revised preface, and a new index. Blending high-grade design, fine paper, and classic binding, this is both a sumptuous gift book and an enhanced edition of a timeless account of human history.

What They Don't Teach You in Sales School - Scott J.

Dunkel 2013-02-08

Combining the experience from a 30 year successful career in technology sales, in conjunction with in depth interviews from other career sales executives, sales management, as well as C level executive decision makers, the author offers sound advice for individuals interested in pursuing a career in professional sales.. The primary objective of the book is to accelerate the learning curve for professional sales execs. The secondary objective is to make it an enjoyable read by relating real sales stories that underscore a sales principle. Readers typically remember a principle if it is told via a story. The story can then be applied to your

personal sales environment. Additionally, these stories relate to higher level principles that the author refers to as UNIVERSAL SALES TRUTHS. These are truths that stand the test of time. Regardless of the timeframe, environment, product or service, if you adhere to these UNIVERSAL SALES TRUTHS, everything else will take care of itself. The author deals with topics that are rarely covered in sales related books; such as developing your annual business plan, the art of listening, career changes, handling a lost sale, the financial sale, and the business relationship, to name a few. This is NOT a book of sales tactics and closing strategies. It is written for individuals interested in taking their career as a professional sales exec to the highest level.

The Racial Healing Handbook - Anneliese A. Singh 2019-08-01

A powerful and practical guide to help you navigate racism, challenge privilege, manage stress and trauma, and begin to

heal. Healing from racism is a journey that often involves reliving trauma and experiencing feelings of shame, guilt, and anxiety. This journey can be a bumpy ride, and before we begin healing, we need to gain an understanding of the role history plays in racial/ethnic myths and stereotypes. In so many ways, to heal from racism, you must re-educate yourself and unlearn the processes of racism. This book can help guide you. The Racial Healing Handbook offers practical tools to help you navigate daily and past experiences of racism, challenge internalized negative messages and privileges, and handle feelings of stress and shame. You'll also learn to develop a profound racial consciousness and conscientiousness, and heal from grief and trauma. Most importantly, you'll discover the building blocks to creating a community of healing in a world still filled with racial microaggressions and discrimination. This book is not just about ending racial

harm—it is about racial liberation. This journey is one that we must take together. It promises the possibility of moving through this pain and grief to experience the hope, resilience, and freedom that helps you not only self-actualize, but also makes the world a better place.

The Bicycle Wheel - Jobst Brandt 1993

Start Writing Your Book

Today - Morgan Gist MacDonald 2015-06-02

In this book, the author walks you through every step of how to write a book. After you read it, you'll be ready to start writing today.

Leading YOU - Brenda Bence 2017-01-02

Many executives overlook the single-most critical aspect of leadership. Have you? The most important driver of overall success is your own self-leadership. Without it, your career may stall. Why? Because how you lead yourself directly impacts your ability to lead others, and that, in turn, can prevent you from reaching your

full career potential. Self-leadership. It begins and ends with YOU(tm). In *Leading YOU(tm): The power of self-leadership to build your executive brand and drive career success*, Senior Executive Coach Brenda Bence reveals the 15 most damaging self-leadership behaviors she regularly sees in her practice. She then provides you with dozens of tips and techniques you can immediately apply to correct or improve these behaviors. Packed with real-life executive coaching case studies from around the globe, this book will help you: * Strengthen your Executive Presence and build an outstanding leadership brand. * Quit acting like a victim of your calendar, your time, and "the system." * Utilize powerful mind management techniques to stop limiting behaviors. * Learn how to successfully manage "up" to bosses and "across" to peers. * Promote yourself without bragging, to help you gain visibility and the job you want. * Successfully influence others even if you

don't have an official title or authority. Leading YOU(tm) not only cuts to the core of what's needed for effective self-leadership, but it's also the only book to identify and explain the relationship between self-leadership and a winning leadership brand--the Trademarked YOU(tm)®. Together with the award-winning companion book, Would YOU Want to Work for YOU(tm)?, this book will become your go-to resource for advancing in your career through the power of authentic self-leadership."Brenda Bence makes it clear: Great leadership is all about self-leadership and learning how to manage YOU as well as you manage others. A great read!" - Philip Yuen, CEO, Deloitte Southeast Asia "You may excel at managing others, but unless you look inward to manage yourself first, your career is likely to stagnate rather than ignite. Leading YOU(tm) is a must read." - Peter Walker, CEO Asia Pacific, ThyssenKrupp Elevator The Saffron Kitchen - Yasmin

Crowther 2007-08-28

In a powerful debut novel that moves between the crowded streets of London and the desolate mountains of Iran, Yasmin Crowther paints a stirring portrait of a family shaken by events from decades ago and worlds away. On a rainy day in London the dark secrets and troubled past of Maryam Mazar surface violently, with tragic consequences for her daughter, Sara, and her newly orphaned nephew. Maryam leaves her English husband and family and returns to the remote Iranian village where her story began. In a quest to piece their life back together, Sara follows her mother and finally learns the terrible price Maryam once had to pay for her freedom, and of the love she left behind. Set against the breathtaking beauty of two very different places, this stunning family drama transcends culture and is, at its core, a rich and haunting narrative about mothers and daughters.

SPIN® -Selling - Neil Rackham 2020-04-28

True or false? In selling high-value products or services: 'closing' increases your chance of success; it is essential to describe the benefits of your product or service to the customer; objection handling is an important skill; open questions are more effective than closed questions. All false, says this provocative book. Neil Rackham and his team studied more than 35,000 sales calls made by 10,000 sales people in 23 countries over 12 years. Their findings revealed that many of the methods developed for selling low-value goods just don't work for major sales. Rackham went on to introduce his SPIN-Selling method. SPIN describes the whole selling process: Situation questions Problem questions Implication questions Need-payoff questions SPIN-Selling provides you with a set of simple and practical techniques which have been tried in many of today's leading companies with dramatic improvements to their sales performance.

Zinn and the Art of

Mountain Bike Maintenance

- Lennard Zinn 2010

Lennard Zinn's expert advice makes quick work of mountain bike repair. Newcomers and experienced mechanics alike will benefit from the hundreds of illustrations, the exploded views of how components go together, and Zinn's practical, time-saving tips.

Fortitude - Kate Allgood
2017-07-27

"Mental toughness is the natural or developed psychological edge that results from a collection of skills, attributes, values, emotions, and behaviors that allow people to overcome any obstacle, adversity, or pressure as well as deal with the general day-to-day demands (lifestyle, training, competition) placed upon them and still remain consistent, focused, confident, and motivated to achieve their goals." *Fortitude* is a guide for high performing athletes and business professionals on understanding mental toughness, how to build and sustain it over time. Kate Allgood built her business

helping individuals like you learn what it takes to perform under pressure. In this book you'll discover: - What you need to know to build real and long lasting confidence- How to improve the ability to focus and refocus - The power of mindfulness- How to build motivation in yourself and others - And much, much, more! "Kate is a force in the sports business and with her new book she brings the best insight directly to your field of play." Jeremy M. Evans, Founder of and Managing Attorney at California Sports Lawyer(R) "If you want to step up your game, your business or just kill it in life, Fortitude is an easy to read guide to do it."- Majo Orellana - Pro Athlete, Coach and Entrepreneur
The Building Professional's Guide to Contract Documents - Waller S. Poage 1990
-- Latest changes to AIA prototype contracts. -- Updates on industry documentation. -- Covers all aspects of construction documentation. -- Overview of the primary product of the design

professional -- contract documents. -- Full discussion of professional roles. -- Owner, designer and contractor liability.

The Beast, the Emperor and the Milkman - Harry Pearson
2019-02-07

SHORTLISTED FOR THE TELEGRAPH SPORTS BOOK AWARDS 2020 - CYCLING BOOK OF THE YEAR

LONGLISTED FOR THE WILLIAM HILL SPORTS BOOK OF THE YEAR 2019 'A joy.' - Ned Boulting Every nation shapes sport to test the character traits it most admires. In *The Beast, the Emperor and the Milkman*, committed Belgophile and road cycling obsessive Harry Pearson takes you on a journey across Flanders, through the lumpy horizontal rain, up the elbow juddering cobbled inclines, past the fans dressed as chickens and the shop window displays of constipation medicines, as he follows races big, small and even smaller through one glorious, muddy spring. Ranging over 500 years of

Flemish and European history, across windswept polders, along back roads and through an awful lot of beer cafes, Pearson examines the characters, the myths and rivalries that make Flanders a place where cycling is a religion and the riders its lycra-clad priests.

Tax-Free Wealth - Tom Wheelwright 2013-02-28

Tax-Free Wealth is about tax planning concepts. It's about how to use your country's tax laws to your benefit. In this book, Tom Wheelwright will tell you how the tax laws work. And how they are designed to reduce your taxes, not to increase your taxes. Once you understand this basic principle, you no longer need to be afraid of the tax laws. They are there to help you and your business—not to hinder you. Once you understand the basic principles of tax reduction, you can begin, immediately, reducing your taxes. Eventually, you may even be able to legally eliminate your income taxes and drastically reduce your other taxes. Once

you do that, you can live a life of Tax-Free Wealth.

A Beginners Guide to the English Wheel - Adrian Casados 2020-04-21

The English wheel has been one of the most versatile tools in the metal shaping industry since the 19th century. This manual covers the basics of operation, from wheel selection and maintenance, to wheeling techniques used the world over.

The Dancing Chain - Frank J. Berto 2004-10-01

Expanded and updated 2nd edition of the book that covers the history and development of the modern derailleur bicycle and the gadget that makes it tick: the derailleur gearing mechanism. The Dancing Chain picks up where other bicycle history books leave off: at the introduction of multiple-speed gearing mechanisms at the beginning of the 20th century. 384 pages of text with 1,200 black & white illustrations, including many new Daniel Rebour drawings never before published in any English-language publications.

Popular Mechanics - 1973-09

Popular Mechanics inspires, instructs and influences readers to help them master the modern world. Whether it's practical DIY home-improvement tips, gadgets and digital technology, information on the newest cars or the latest breakthroughs in science -- PM is the ultimate guide to our high-tech lifestyle.

The Art of Wheelbuilding - Gerd Schraner 1999

The Essential Cocktail Book

- Editors of PUNCH 2017-09-05
An indispensable atlas of the best cocktail recipes—each fully photographed—for classic and modern drinks, whether shaken, stirred, up, or on the rocks. How do you create the perfect daiquiri? In what type of glass should you serve a whiskey sour? What exactly is an aperitif cocktail? A compendium for both home and professional bartenders, The Essential Cocktail Book answers all of these questions and more—through recipes, lore and techniques for 150 drinks, both modern and

classic.

Building Bicycle Wheels - Robert Wright 1980-01

The Million Death Quake - Roger Musson 2012-10-16

A leading seismologist examines why and how earthquakes happen while explaining why he believes they are becoming more lethal, profiling breakthroughs in science and engineering that are improving structure resiliency and furthering predictability technologies. 30,000 first printing.

Popular Mechanics - 1983-01

Popular Mechanics inspires, instructs and influences readers to help them master the modern world. Whether it's practical DIY home-improvement tips, gadgets and digital technology, information on the newest cars or the latest breakthroughs in science -- PM is the ultimate guide to our high-tech lifestyle.

The Young Professional's Guide to Managing - Aaron McDaniel 2013-05-20

One of the hardest challenges in anyone's career is

transitioning from being a employee responsible solely for one's own work to a manager responsible for others' performance. New managers face the stress of giving up control while needing to drive results through others. Many of the more than 80 million members of the Millennial generation are facing the challenge of managing others without a guide to success specifically tailored to them. The Young Professional's Guide to Managing fills this void with a mix of relevant tips and stories, and a connection to rich online resources. It is an essential guide for all new managers and emerging leaders, providing important insights, including: How to successfully transition to being a manager, from the very first day The 10 skills all young professionals must develop to thrive as STAR managers Managing people of different generations How to hire, develop, and lead teams to incredible results Advanced strategies for young managers, including how to fire

underperforming employees and how to squash office politics.

The Kerbal Player's Guide - Jon Manning 2016-11-10

Kerbal Space Program (KSP) is a critically acclaimed, bestselling space flight simulator game. It's making waves everywhere from mainstream media to the actual space flight industry, but it has a bit of a learning curve. In this book, five KSP nerds—including an astrophysicist—teach you everything you need to know to get a nation of tiny green people into space. KSP is incredibly realistic. When running your space program, you'll have to consider delta-V budgets, orbital mechanics, Hohmann transfers, and more. This book is perfect for video game players, simulation game players, Minecrafters, and amateur astronomers. Design, launch, and fly interplanetary rockets Capture an asteroid and fly it into a parking orbit Travel to distant planets and plant a flag Build a moon rover, and jump off a crater ridge

Rescue a crew-mate trapped in deep space

The Spooky Wheels on the Bus

- J. Elizabeth Mills 2016-06-28

A haunted Halloween bus ride that will have children singing with excitement. THE SPOOKY WHEELS ON THE BUS is a humorous Halloween-themed version of the classic song THE WHEELS ON THE BUS...with a few ghoulish tricks and treats up its sleeves! Count from One Spooky Bus up to Ten Goofy Ghosts as this Halloween ride races through town picking up a few unsuspecting passengers along the way.

Radical Candor - Kim Malone Scott 2017-03-28

Radical Candor is the sweet spot between managers who are obnoxiously aggressive on the one side and ruinously empathetic on the other. It is about providing guidance, which involves a mix of praise as well as criticism, delivered to produce better results and help employees develop their skills and boundaries of success. Great bosses have a strong relationship with their employees, and Kim Scott

Malone has identified three simple principles for building better relationships with your employees: make it personal, get stuff done, and understand why it matters. Radical Candor offers a guide to those bewildered or exhausted by management, written for bosses and those who manage bosses. Drawing on years of first-hand experience, and distilled clearly to give actionable lessons to the reader, Radical Candor shows how to be successful while retaining your integrity and humanity. Radical Candor is the perfect handbook for those who are looking to find meaning in their job and create an environment where people both love their work, their colleagues and are motivated to strive to ever greater success.

Big Blue Book of Bicycle Repair - C. Calvin Jones

2019-04-24

The BBB-4 Big Blue Book of Bicycle Repair by Calvin Jones is packed with easy-to-follow, step-by-step procedures, color photos and repair tips for

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keeping almost any road or off-road bike running smoothly and trouble-free. Whether it's repairing a flat tire, adjusting brakes and shifting systems, truing wheels, or maintaining hub, headset and bottom bracket bearing systems, the BBB-4 has you covered. Thoroughly researched and revised, the 4th edition of the Big Blue Book contains updated photos, torque specifications and troubleshooting tables, along with new content on wheel building, electronic shifting, 12-speed and 1X drivetrains, tubeless tires, disc brakes, headset and bottom bracket standards, and more. Truly an indispensable tool and reference source for both the novice and advanced bicycle mechanic.

Wilderness Son - Marlette Kielczewski 2014-05-28
A true son of the wilderness, Floyd Kielczewski, hunter, fisherman, trapper, white water expert, and licensed Ontario guide was born and raised in the unsettled wilderness of Northern

Ontario. For Floyd and his family, living off the land was a matter of survival. They hunted their meat, grew their own garden, and built their own log cabins. What they couldn't make, grow, or hunt, they bought with the sale of fur from animals they trapped. Formal education was not an option for Floyd or his siblings as they were expected to join their father in securing a living. At the age of seven, Floyd's father gave him his first gun, which was a lever action single shot .22. In his lifetime, Floyd has killed 238 deer, 65 moose, and 68 bear. This a collection of short stories based on his wilderness experiences. Now in his 80's, Floyd continues to hunt, fish, and trap. He currently resides in Northern Minnesota and spends time on the rivers and lakes of Northern Ontario where he is most in his element.

Popular Mechanics - 1987-02
Popular Mechanics inspires, instructs and influences readers to help them master the modern world. Whether it's

practical DIY home-improvement tips, gadgets and digital technology, information on the newest cars or the latest breakthroughs in science -- PM is the ultimate guide to our high-tech lifestyle.

Popular Mechanics - 1972-01
Popular Mechanics inspires, instructs and influences readers to help them master the modern world. Whether it's practical DIY home-improvement tips, gadgets and digital technology, information on the newest cars or the latest breakthroughs in science -- PM is the ultimate guide to our high-tech lifestyle.

The Glass Elevator - Ora Shtull 2012
Breaking through glass ceilings in the workplace is dangerous business. There is now an easier (and safer) way for women to rise and succeed professionally. The Glass Elevator: A Guide to Leadership Presence for Women on the Rise shares the 9 critical skills that will enhance your ability to engage, connect, and influence in the workplace. Have you been

holding yourself back by: - Not speaking up at meetings when you have value to add? - Failing to promote yourself to seniors in the workplace? - Shying away from challenges because you lack confidence? - Neglecting your networking inside and outside the company? - Living in a state of overwhelm at home and work? The author - one of New York's leading Executive Coaches - will teach you how to stop retreating and start ascending, employing the same expertise she uses to help her executive clients rise to the top. With Ground Floor Quizzes, Elevator Workouts, and Power Profiles of women leaders, this engaging book helps you master the must-have skills that will propel you upward. Pursue your professional aspirations one floor at a time by riding The Glass Elevator.
Etiquette & Espionage - Gail Carriger 2013-02-05
This young adult steampunk series debut set in the same world as the New York Times bestselling Parasol Protectorate is filled with all

the saucy adventure and droll humor Gail Carriger's legions of fans have come to adore. Fourteen-year-old Sophronia is a great trial to her poor mother. Sophronia is more interested in dismantling clocks and climbing trees than proper manners--and the family can only hope that company never sees her atrocious curtsy. Mrs. Temminnick is desperate for her daughter to become a proper lady. So she enrolls Sophronia in Mademoiselle Geraldine's Finishing Academy for Young Ladies of Quality. But Sophronia soon realizes the school is not quite what her mother might have hoped. At Mademoiselle Geraldine's, young ladies learn to finish...everything. Certainly, they learn the fine arts of dance, dress, and etiquette, but they also learn to deal out death, diversion, and espionage--in the politest possible ways, of course. Sophronia and her friends are in for a rousing first year's education.

Dare to Lead - Brené Brown

2018-10-09

#1 NEW YORK TIMES BESTSELLER • Brené Brown has taught us what it means to dare greatly, rise strong, and brave the wilderness. Now, based on new research conducted with leaders, change makers, and culture shifters, she's showing us how to put those ideas into practice so we can step up and lead. Don't miss the five-part HBO Max docuseries Brené Brown: Atlas of the Heart! NAMED ONE OF THE BEST BOOKS OF THE YEAR BY BLOOMBERG Leadership is not about titles, status, and wielding power. A leader is anyone who takes responsibility for recognizing the potential in people and ideas, and has the courage to develop that potential. When we dare to lead, we don't pretend to have the right answers; we stay curious and ask the right questions. We don't see power as finite and hoard it; we know that power becomes infinite when we share it with others. We don't avoid difficult conversations and situations; we lean into

vulnerability when it's necessary to do good work. But daring leadership in a culture defined by scarcity, fear, and uncertainty requires skill-building around traits that are deeply and uniquely human. The irony is that we're choosing not to invest in developing the hearts and minds of leaders at the exact same time as we're scrambling to figure out what we have to offer that machines and AI can't do better and faster. What can we do better? Empathy, connection, and courage, to start. Four-time #1 New York Times bestselling author Brené Brown has spent the past two decades studying the emotions and experiences that give meaning to our lives, and the past seven years working with transformative leaders and teams spanning the globe. She found that leaders in organizations ranging from small entrepreneurial startups and family-owned businesses to nonprofits, civic organizations, and Fortune 50 companies all ask the same question: How do

you cultivate braver, more daring leaders, and how do you embed the value of courage in your culture? In this new book, Brown uses research, stories, and examples to answer these questions in the no-BS style that millions of readers have come to expect and love. Brown writes, "One of the most important findings of my career is that daring leadership is a collection of four skill sets that are 100 percent teachable, observable, and measurable. It's learning and unlearning that requires brave work, tough conversations, and showing up with your whole heart. Easy? No. Because choosing courage over comfort is not always our default. Worth it? Always. We want to be brave with our lives and our work. It's why we're here." Whether you've read *Daring Greatly* and *Rising Strong* or you're new to Brené Brown's work, this book is for anyone who wants to step up and into brave leadership. *Getting the Love You Want* - Harville Hendrix 2001
A marriage therapist and

pastoral counselor explains that most of the feelings of receiving inadequate love come from unresolved childhood conflicts and describes how adults can learn to flourish as loving and loved people, in a new edition of the best-selling handbook. Reprint. 50,000 first printing.

15314:TFK: NonFiction

Readers:Early

Fluent:Teacher's Resource Guide - Chandra Prough

2011-11-01

Women in High Gear - Anne Deeter Gallaher 2013-03
Is high gear attainable for today's women and the next generation? Yes! Women in High Gear is a first-of-its-kind look at how women in business, on-rampers, and aspiring executives can discern and discover a path to high gear. Whether that looks like financial independence, starting a business, ascending to the C-suite, securing a board seat, or making superconnections, high gear is clearly within reach. Entrepreneurs and small

business owners Anne Deeter Gallaher and Amy D. Howell join forces in Women in High Gear to tell their stories of two divergent paths to reach the same goal. In 13 easy-to-read and easy-to-relate-to chapters, Amy and Anne lay out their own journeys to high gear and show how others can connect the dots for growth and success. They combine big business principles with small business DNA in hopes that their experiences will shorten the business learning curve of women. Living the realities of staying at home and staying on the fast track, Anne and Amy help women of all ages understand the necessities for emotional resilience, harnessing the softs skills, exhibiting leadership, mastering self-discipline, understanding the bottom line, connecting on social media, and building a personal brand. Wherever you stand in your business journey, Anne and Amy challenge you to charge ahead with confidence and fresh perspectives. The world needs what you have to offer-

high gear awaits! Acclaim for Women in High Gear: "Anne Deeter Gallaher and Amy D. Howell are keenly attuned to the need for mentoring, guidance, and inspiration to help prepare current and future generations of women for leadership in business and society. In Women in High Gear, Anne and Amy have artfully woven their own high gear journeys to both mark a path for growth and to steer readers clear of roadblocks. They blend advice, personal experience, insight, and accountability in hopes of shortening the learning curves of other women." Kim S. Phipps, Ph.D. President, Messiah College "In a business world steeped in too much self-help blather, Amy and Anne stand up for accountability, distinctiveness, mental toughness, responsibility, hard work, compassion, and appropriate compromise-the values that forge great leaders. This book is inspiring, true, and even better-entertaining!" Mark. W. Schaefer College Educator, Entrepreneur,

International Speaker, and Author of Return on Influence and The Tao of Twitter "Women in High Gear is proof of the power of storytelling-at which Anne Deeter Gallaher and Amy D. Howell excel. They turn their hard-won personal and professional experiences into illuminating and engaging examples for others to follow. Early and mid-career professionals will find High Gear immediately useful, but even seasoned executives (like me) will see in Amy and Anne's experiences new approaches to today's challenges." Kathleen A. Pavelko President/CEO, WITF, Harrisburg, PA "This book is for anyone wanting to soar to higher goals in business." Philip H. Trenary CEO, Phil Trenary Associates; Former CEO, Pinnacle Airlines Corporation "After reading Women in High Gear, I immediately wrote out my high gear goals for the next five years. This book is for any woman with a big dream for her life!" Rachael Dymski Author "Wonder duo Anne and Amy provide valuable insight

into how independent, driven women can dominate the professional business landscape." Susan R. Ewing Director of Social & Digital Media, Hershey Harrisburg Regional Visitors Bureau "Women in High Gear is the

modern guide to overcoming obstacles and achieving success without breaking a sweat-and doing it all in 4-inch heels. Anne and Amy have hit a homerun!" Kaitlin Sawyer Public Relations/Marketing Professional, Hawaii